ALASKA POST

Home of the Arctic Warriors

Fort Wainwright, Alaska Vol. 3, No. 24 June 15, 2012

Army launches 237th birthday week at Mount Vernon



Secretary of the Army John McHugh gives remarks during the Army's 237th Birthday Week kick-off event at George Washington's Mount Vernon estate, Alexandria, Va., June 11. During the ceremony, McHugh and Sgt. Maj. of the Army Raymond F. Chandler III presented three Soldiers with the Purple Heart medals. George Washington established the Purple Heart Medal during the Revolutionary War.

J.D. Leipold, Army News Service

The Army's top civilian and its top enlisted Soldier kicked off Army birthday week by visiting Mount Vernon, in northern Virginia, and placing a wreath at the tomb of Gen. George Washington and wife Martha, June 11.

Visitors gathered around while the wreath was placed inside the tomb and Taps was sounded.

Secretary of the Army John McHugh, Sgt. Maj. of the Army Raymond F. Chandler III and Mount Vernon Ladies' Association Regent Ann Bookout, moved to the tomb grove to give remarks followed by the secretary's presentation of three Purple Heart medals to Pfc. Eddie Munoz, Spc. Michael Maynard and Sgt. Darren Downing.

Bookout opened the Purple Heart ceremony saying there was no more appropriate place to begin the celebration of the Army's birthday than at the home of its first commander in chief.

"Not only was George Washington first in war, first in peace and first in the hearts of his countrymen, he was also the first military official to recognize Soldiers who served and sacrificed with what we now call the Purple Heart," she said. "Today, we are honored to welcome here in this sacred place an esteemed group of men

See BIRTHDAY on page 4

Police work - it's a dog's life for some

Staff Sgt. Trish McMurphy **USARAK Public Affairs**

There's a 6-legged team on Fort Wainwright that most folks would think twice about tangling with. The team shows enormous strength, speed and agility they use to capture suspects – a 4-legged military working dog alongside a 2-legged military policeman.

Police dogs might be intimidating to most, but for Pfc. Lynnette Dalle, a military policeman with the 28th Military Police Detachment, they are all part of the job she wanted to do.

The Ottoville, American Samoa, native majored in criminal justice in college and said she didn't want to do anything else, so when the Army recruiter offered her military police as her military occupational specialty, she said, "Oh, I want it!"

One of her first jobs as an MP was working in a provost marshal office and though she said she liked her job, she wanted to be more involved, so her first sergeant asked her what she wanted to do.

"I want K-9," Dalle said.

Dalle showed everyone she has what it takes to be a dog handler by being chosen as "Top Dog" in the initial block of the Military Working Dog Handlers' Course at Lackland Air Base, Texas.

Block 1 consisted of basic obedience and all phases of the ag-

gression in which military working dogs are trained, known as

The dogs are trained in to assist in the apprehension of suspected criminals.

Dalle and the other students learned the commands and how to give rewards and corrections to get desired responses.

Before the students were assigned dogs to show what they could do, they were given "bucket dogs."

The students were given empty ammo cans as stand-ins for dogs and had to give them commands to show they could properly correct and reward real canines.

"A lot [of us] were embarrassed to train on buckets and not real dogs [at first]," Dalle said. "But it was fun because everyone was embarrassed - I was. We had to use 'praise voices' - high pitched, motivated voices to get the dog

[or bucket in this case] excited." After they mastered the buckets they were off to the real

Dalle got to see what it was like to be on both ends of the leash, as the police and as the suspect or

Unlike real suspects, she wore special equipment to protect her from the canine's mighty jaws.

the same time," Dalle said, refer-

See POLICE DOG on page 6



"I was scared and excited at With tongue lolling and eyes front, Gina waits beside Pfc. Lynnette Dalle, a military working dog handler with the 28th Military Police Detachment. The pair showed some of the obedience and special skills they honed at the obstacle course outside of their kennels at the start of their day, June 1 on post. (Photo by Staff Sgt. Trish McMurphy, US Army Alaska PAO)

WEEKEND WEATHER







Saturday Mostly cloudy Highs in the lower to mid 70s Lows in the 50s



Sunday Mostly cloudy Highs: 60s-70s Lows in the lower to mid 50s



BRIEF

Alaska Goldpanners 2012 season

Monday is opening day! Alaska Goldpanners 2012 season at North Haven Day at the Ballpark Growden Memorial Park. Free admission for military and their Families. Tailgate party begins 5:30 p.m. 1st pitch by VIP Army Family: 6:45 p.m. Music by 9th Army Band.

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COMMENTARY

United States Army - The strength of the nation for 237 years

Lt. Gen. Michael Ferriter U.S. Army Installation Management Command and Assistant Chief of Staff for Installation Management commander

On June 14, 1775, our Nation's leaders established the Continental Army. Thehodge-podge of farmers, shopkeepers, tradesmen and scholars of America's Continental Army faced a welltrained, well-equipped professional Army. The odds were not in our favor. Our Soldiers made up for what they lacked with enthusiastic patriotism and fervent dedication to the ideals of freedom. This week, as we celebrate our Army birthday, we also celebrate the generations of Soldiers who followed in the footsteps of those colonists who left their homes and embraced our Nation's call to duty.

For 237 years, our Soldiers and their Families have been the strength of our great nation in peace and at war.

The Army is made up of more than 1.1 million men and women in uniform and 278,000 Army Civilians committed to serving the Nation. Our Soldiers and their Families are supported on installations and in forward deployed areas by civilians, equipped by civilians and transbest equipped, best trained and best led Army in history, and it is because of the professional Soldiers and Civilians who serve in the Army, Army Reserve and Army National Guard who still carry the same patriotism and devotion of the Soldiers of the Continental Army.

Since September 11, 2001, we've been an Army at war - the longest in our country's history - but it's been our wives and husbands, our children, our mothers and fathers who have shouldered this burden for America. Our Army Families -- 1.4 million strong -- serve side-by-side

ported by civilians. We have the with our Soldiers, enduring their hardships and providing the unconditional love and support that strengthen the spirit of our Army.

> Like the colonists who served in the Continental Army, it is the inspired leadership of our professional all-volunteer Army that makes our Army great. During Army birthday week we thank every Soldier, Civilian and Family member in our ranks, past and present, for their dedication to duty and selfless service. Thank you and Happy 237th Birthday to the United States Army! **ARMY STRONG!**



Lt. Gen. Michael Ferriter

Tricare Travel Tips: Keeping You Covered

TriWest Healthcare Alliance

When you're leaving on vacation or changing duty stations, Tricare is your medical coverage. These five small steps can help you avoid unexpected issues during your travels – even if you change Tricare regions.

Keep DEERS updated

No matter which Tricare program you use, your Defense Enrollment Eligibility Reporting System (DEERS) record is the key to your military health care eligibility. If your address

changes for more than 60 days, vou can log into MilConnect at milconnect.dmdc.mil, to update DEERS.

When moving to a new location, don't dis-enroll from Tricare Prime before you move. You can transfer your enrollment if Tricare Prime is available at your new location. You will have to choose a new primary care manager. No matter if you're moving across town or across the county, you can find instructions for transferring your enrollment at *Tricare.mil/moving*.

Get Routine Care at Home

Close call biker gets new ride

Before you hit the road, take

care of your family's routine health care like annual exams or required immunizations. Getting routine care at your new location before your enrollment is transferred can lead to claims issues and out-of-pocket expenses.

Know Your Urgent and **Emergency Care Options**

But what about those unexpected issues? Emergency care is covered for conditions that could result in a loss of life, limb or sight. Urgent care covers those issues that require medical attention in 24 hours, such as a rising fever or something Access Your Important like a sprain. Remember to fol- **Information on** low the Tricare Prime rules for **Move** urgent and emergency care. You can read more at TriWest.com/ within the Tricare West UrgentCare.

Tricare Pharmacy Delivers

For medications you need on on the go. the road, remember to order your refills before you leave. If you move, Tricare Home Delivery moves with you, too (and can even deliver to a temporary address). You can manage your center near you from your Tricare Home Delivery account www.express-scripts.com/ Tricare.

If you're going to travel Region, make sure you stay connected to your health care while you're

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Long trips and short ones, roundtrip or oneway. Tricare has you covered during your travels. For questions before, during or after a vacation or a move, find your answers at TriWest.com.

count today.



Friends and Family came out to watch Cooper, 4 year-old son of Desiree and Sgt. Chris Stivers, 1st Battalion, 52nd Aviation Regiment, get a new bicycle and helmet on Tuesday. The bike was presented to him courtesy of members of the Fort Wainwright Fire Department who responded when he was hit by a car in the housing area May 31. His mother said his injuries were not severe and he is back to his usual self. (Photo by Trish Muntean/Fort Wainwright PAO)

Fort Wainwright PAO website:

www.wainwright.mil

SOLDIERS AGAINST DRUNK DRIVING 353-6610 Have a Plan, Call Someone.



ALASKA POST

Home of the Arctic Warriors

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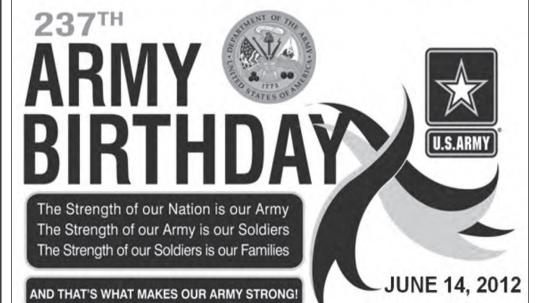
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The ALASKA POST - Home of the Arctic Warriors





237th Army Birthday: http://www.army.mil/birthday/237/

Serving those who serve America, the Armed Services YMCA

Trish Muntean, Fort Wainwright PAO

Need a ride in 40 below weather? Cupboards are empty, as are your pockets? Or maybe you just need a place to hang out while waiting for a ride from the airport. Whichever the case, the Armed Services YMCA of Alaska is here for the 60,000 military service members and their Families stationed in Alaska, with a particular focus on junior-enlisted men and women - the individuals on the front lines of defending our nation, said Rachel Oldfield, the Fairbanks Armed Services YMCA program manager.

The ASYMCA has been serving the military since 1861. Oldfield said in the Fairbanks area it offers programs such as the food pantry, After-5-Boutique, the military courtesy lounge, operation snack attack, teddy's child watch, Y-on-wheels and operation hero among others.

The presence of the ASYMCA in Fairbanks is obvious as soon as a Soldier arrives. The military courtesy lounge in the Fairbanks airport provides a comfortable place to wait for a ride to post.

If a Soldier has arrived at Fort Wainwright, but his wheels have not, or the Family doesn't have a vehicle at all, they might want to take advantage of the Y-on-wheels shuttle service. It provides door-to-door transportation for \$1 a person one way, anywhere on Fort Wainwright. The shuttle is one of the Y's most used programs. The staff recommends those needing a ride call 24 hours in advance.

For a Family on a budget, the ASYMCA can help stretch those hardearned dollars.

The thrift shop offers anything from household goods to clothes for kids. It also offers a place to get rid of all those things that don't need to move with you.

Unopened food products can be donated to the food pantry, as well as diapers and cleaning supplies. Oldfield said items like rice, ramen noodles and noodle products to supplement ground beef would be especially appreciated.

"The food pantry plays an important supplemental role for those in need each year," Oldfield said. "Special circumstances continue to be the top reason members seek our assistance, whether it's an unexpected financial situation, adjustment to the cost of living in Alaska, or due to a medical emergency. We ensure that no military Family goes hungry, no questions asked.

Taking a Family to the movies can be an expensive venture. The ASYMCA has free tickets to the AAFES movie theater at Eielson Air Force Base. Tickets are available at the beginning of each month and are distributed on a first-come, first-served basis.

With a major deployment just ending, many of the battalions have been having their formal balls. Why spend the money on a fancy dress when one can be borrowed from the After-5-Boutique?

that is asked is it be dry cleaned before being returned.

One of the most anticipated events of the year is fast approaching. The ASYMCA is proud to host the annual Father-Daughter Ball. For dads and their daughters only, it's an opportunity to spend precious time and strengthen the bonds between them. Fathers are encouraged to bring daughters of any age.

This year's ball, "A Knight to Remember," is July 7 at the Carlson Center and the cost is \$25 per Family, no matter how many daughters a father is lucky enough to have. Oldfield said, "It's a night she will remember for the

There is no cost to borrow a dress; all rest of her life." For more information call 353-5962.

> There is still plenty of space for Soldiers who want to play in the tournament Aug. 3. Depending on rank, some may even play for free. Registration includes shared golf carts, gift bags, coffee and muffins, beverages, a complimentary BBQ and a raffle ticket to win Alaska Air tickets.

Any non-profit organization needs volunteers to make it work, Oldfield said the ASYMCA is no different. If you have time to share or have questions about any ASYMCA program please contact her at 353-5962 or visit the office at 1047-4 Nysteen Road on Fort Wainwright.



One of the most anticipated events of the year is fast approaching for the Armed Services YMCA, the annual Father-Daughter Ball. For dads and their daughters only, it's an opportunity to spend precious time and strengthen the bonds between them. Fathers are encouraged to bring daughters of any age. This year's ball, "A Knight to Remember," is July 7 at the Carlson Center and the cost is \$25 per Family, no matter how many daughters a father is lucky enough to have. Dads should come ready to dance the night away as the daughters tend to enforce the "no wallflowers" rule. (Photo courtesy ASYMCA)

The Army is strong and is 237-years-young

Allen Shaw, Fort Wainwright PAO

It's a ragtag group of volunteers pieced together from a few New England militia companies. They are an amateur force of colonial troops with no unified chain of command with some men taking the lead and others who were not obligated to obey orders. This collection of American volunteers equipped, armed and supported by the colonies they came from banded together in the spring of 1775 to confront British troops near Boston, Massachusetts to fight for freedom.

Leadership rapidly realized the revolutionary force had to re-organize to even stand a chance against British imposition. Although there is no written record of this decision, John Adams requested that Congress formerly adopt the Boston troops as the United States Army. On June 14 they resolved to form a committee to bring in a draft of rules and regulations for the government of the Army. Soon after that Congress authorized the organization of expert riflemen from Pennsylvania, Maryland and Virginia.

According to the U.S.

Army Center of Military History, George Washington received his appointment as commander-inchief of the Continental Army two-hundred and thirty-seven years ago today and formally took command on July 3, 1775.

Soldiers, Family members and Department of Defense civilians gathered Thursday at the AAFES food court on post for an official ceremony and cake-cutting to celebrate the 237th Army birthday.

Army leadership encourages all Americans to commemorate the beginning of a rich heritage of successfully defending this great country and celebrate the continued honor, loyalty and bravery of our Soldiers.

It is known that our Soldiers remain Army Strong with a deep commitment to our core values and beliefs. This 237th birthday commemorates America's Army -- Soldiers, families and civilians -- who are achieving a level of excellence that is truly Army Strong.

It is also a time to celebrate our local communities for their steadfast, continued support of our Soldiers and Families.

We are "America's Army: The Strength of the Nation."

Gary Sinise concert coming soon



Gary Sinise and the Lieutenant Dan Band will perform for military personnel and their families at Eielson Air Force Base's Thunderdome, June 23. Drivers unfamiliar with the base will find the Thunderdome hangar easily. From the main gate, keep right and proceed to the flightline where signs will indicate parking areas. The USO show starts at 7 p.m. and doors open an hour prior. The show is open to all DoD ID cardholders. Sinise - known for his Oscar-nominated portrayal of Lieutenant Dan in Forrest Gump - is seen here in an undisclosed location in Southwest Asia January 28. Sinise and the Lt. Dan Band have performed numerous concerts around the world to show their support to members of the U.S. military. (Photo by Staff Sgt. James Lieth/U.S. Air Force)

Available to GCI Cable subscribers on post **Watch for Current Facility** Information and Special **Community Events**

Fort Wainwright PAO

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11395655 VIVLAMORE/TUBBY'S

Also find it online at

www.wainwright.armv.mil

under the Command Channel 5 link.

Workforce Reshaping: Making it work

Last week, four Workforce Reshap- applied and 10 were approved, Johnson ing town hall meetings were lead by Col. Ronald M. Johnson, garrison commander, providing an update to the progress made towards meeting the criteria of reducing civilian positions on Fort Wainwright as the Army deals with a shrinking budget.

This was the second round of town halls held on Fort Wainwright since the Army announced its planned reduction of roughly 8,700 civilian employees nationwide in July 2011. The cuts were based on resource decisions made by the Department of Defense in order to comply with the Fiscal Year 2012 President's Budget. The required overall reduction in Army civilian workforce numbers is to be accomplished by Sept. 30 of this year.

"The plan that we've had and the work that we've been doing; we're making some good progress." Johnson said to those gathered in the theater of Building 1555 and to a large screen showing civilians joining the meeting via live video teleconference from Joint Base Elmendorf-Richardson.

Johnson shared comments he made when meeting with Lt. Gen. Michael Ferriter, commanding general of Installation Management Command. He conveyed to Ferriter that progress was positive and that Fort Wainwright was "on target with meeting our numbers."

Johnson used a few examples of the tools which have been used to reach the Army's goal.

First the garrison used the critical hire process to fill critical job needs.

Finding efficiencies throughout the garrison were realized through looking at contracts and saving money, manpower and reworking business processes.

In the first window of Voluntary Separation Incentive Pay and Voluntary Early Retirement Authority programs available to civilian members in February of this year, 11 individuals from Fort Wainwright said, and at Fort Richardson three applied and three were approved.

"We weren't sure if we could get permission to do another one; we felt that we needed it, we pushed that up higher and we got approval from the command general [of IMCOM] to do that," Johnson said. "So we we've done a second window of VERA and VISP applications and we're actually still in the process of doing that." At this point eight people have applied from Fort Wainwright with four approved and at Fort Richardson two have applied and one has been approved with one still pending. The window for this process will close June 30.

There was concern about the Soldier Skills Set Utilization program. Johnson pointed out that people may have seen Soldiers doing work around post that was once done by contractors; Soldier support is not meant to replace Department of the Army civilians. This includes using Soldiers at access control points, the dining facility and grounds maintenance such as mowing and trimming.

Presently, garrison command and staff are working on the command plan for 2014, working hard to bring together mission processes and manning needs in order to create the variety of support which meets the needs of the mission, the Soldier and the Army while providing job stability for the civilian workforce.

• For Voluntary Separation Incentive Pay program, visit the VSIP webpage: www.opm.gov/employ/html/vsi.htm.

 Voluntary Early Retirement Authority and Voluntary Separation Incentive Pay, VERA website: www.opm.gov/employ/vera/vera01.asp.

• For links to local resources and placement program information for IMCOM garrison employees at Fort Wainwright and Joint Base Elmendorf-Richardson, visit the civilian news section on www. wainwright.army.mil.



Col. Ronald M. Johnson, Garrison commander speaks with Installation Management Command civilian personnel during a series of town hall meetings last week at the headquarters theater, including Joint Base Elmendorf-Richardson IMCOM civilian employees via teleconference. The focus was on the workforce reshaping program progress made to date and questions were taken from employees during and after the meetings, as seen here, during initial civilian workforce town hall meetings which took place in December, 2011. (Photo by Brian Schlumbohm/Fort Wainwright PAO)

Birthday: Veterans receive Purple Hearts, honor, thanks



Sqt. Darren Downing receives the Purple Heart medal from Army Secretary John McHugh at Mount Vernon, home of the country's first commander in chief Gen. George Washington. The secretary kicked off the Army's 237th birthday week celebration by laying a wreath at Washington's tomb and pinning Purple Heart medals on three Soldiers, June 11. (Photo by J.D. Leipold/ Army News Service)

Continued from page 1

and women who share Washington's love of country

and commitment to service." The Purple Heart is awarded to U.S. service members

wounded or killed by an enemy of the United States. Although the Badge of Military Merit that Washington established was discontinued after the American Revolution, it was reintroduced as the Purple Heart on Feb. 22, 1932, the 200th anniversary of Washington's birthday, by then Chief of Staff of the Army Gen. Douglas MacArthur.

"We've been an Army at war for more than 10 years now, and our Soldiers have done an amazing job. Their families have done an amazing job, and without the support of the American people we would not be as successful as we have been on the battlefield," said Chandler. "I can't think of a better way to kick off our Army's 237th birthday week than to recognize three of our finest for their actions in supporting and defending our country."

Before pinning Purple Hearts on Munoz, Maynard and Downing, McHugh took the stage to thank the Mount Vernon Ladies' Association for their hospitality and support during the opening of Army birthday week.

"It's a fitting way to commemorate the Army and the men and women of the United States Army who have since 1775 kept this nation and its people safe from the dark forces of oppression," McHugh said. "America's Army, since the very moment of its inception, has been the greatest institution for good that the world has ever known.

"So let me say this: for all veterans who ever wore the uniform of the United States Army, and those who wear it today and into the future, thank you for your sacrifice, thank you for your service, thank you for keeping us and people who love liberty across this globe, free. Happy Birthday U.S. Army."

Delicious, nutritious, tasty – take a bite of summer reading

Trish Muntean, Fort Wainwright PAO

"We are really looking forward to this year's summer reading program, "Reading is So Delicious," said Joy Boyce, Fort Wainwright library technician.

The library has several goals in general that are incorporated into this program with the first being to inspire summer reading and interest in

"Last year, we had almost 200 children alone participating," she said. "This year, we want to see Families come together to participate as well as single Soldiers and Department of Defense employees."

However, the staff did not want to focus on cookies, pretzels and candy, said Boyce. So, the library took the basic program and put their own spin on it, as they often do and are hosting: Reading is So Delicious: Healthy Home, Healthy You. The program will focus on topics such as local organic farming, historic hospitality and exercise for the body and mind.

The Department of Defense summer reading program provides a great opportunity for children to continue their development, even when school is not in session. This is especially important for military children who may have missed parts of the school year due to a PCS move or a parent's deployment. Even if they haven't been absent a lot of the previous year "statistics show that kids who read in the summer do better in school the following year," Boyce said.

Last summer, the DoD libraries saw a 400 percent increase in participation in summer reading programs. With a fun theme like "Reading Is So Delicious", this year's program is sure to be a hit with children and will give readers of all ages a chance to dive into a "buffet" of book choices.

The Fort Wainwright summer reading program kicks off at 4 p.m., June 22 at the library with waffles. Those in attendance can create healthy waffle art and then eat it. Participants registering that day will receive an extra ticket for the grand prize at the end of program.

Those who are present at the June 29 event will be encouraged to play with their food and repurpose it to make it art. It is all part of a healthier you.

The library staff is excited about the visit from the Society of Creative Anachronisms July 6, which will start at 3 p.m. Boyce said that the group will host a medieval event with medieval fighting demos, a food tent, an armor display, medieval crafts and medieval garb for participants to try-on.

Calypso Farm is coming out for a visit with some baby animals July 13 starting at 3 p.m. They will teach about organic farming in Alaska and Families will be allowed to pet and feed them.

Explosives Ordnance Disposal training, it's a blast and then some

Staff Sgt. Trish McMurphy, U.S. Army Alaska PAO

Soldiers from the 65th Explosive Ordnance Company, (Arctic Explosive Ordnance Disposal) here at Fort Wainwright recently took part in a week-long field training exercise at Fort Greely to learn what takes place after an explosive blast occurs and how to handle evidence.

These Soldiers, primarily known as warriors properly trained, equipped and integrated to attack, defeat and exploit unexploded ordnance, improvised explosive devices and weapons of mass destruction, do more than just get rid of things that go boom.

classroom instruction and hands-on training.

Soldiers learned not only just how to identify potential threats and how to neutralize these threats, but also how to use things found at the site to possibly identify who set the explosives, and perhaps the reasoning for it. behind them.

1st Lt. Sean Blew, an EOD specialist from the 716th

Explosive Ordnance Company stationed at Joint Base Richardson-Elmendorf who also attended the training. He, said he had done post blast analysis before, but not in this depth.

"The instructions were informative and well put out," Blew said. "I would recommend it."

Sgt. Robert Elliot, an EOD specialist with the 65th Ord., also was another Soldier that had some experience with this type of training in the past.

Elliot, a Gallipolis, Ohio, native, said this training was a requirement for all EOD specialists before deploying into a combat zone.

"I have done this type of training before," said El-The week-long training exercise was compiled of liot, "but this was more user-friendly, more directed toward the junior experienced guys.'

Elliot said he liked the "realistic scenarios" that

During the training, the Soldiers learned how to properly identify, collect, record and transport possible evidence that could be used in the apprehension and conviction of those who may want to do Soldiers

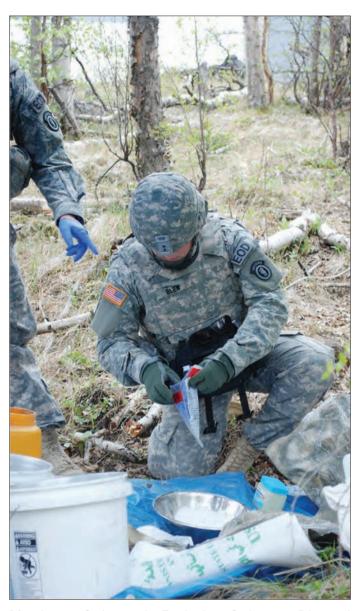
harm, evil-doers behind the scenes.

"This is one small facet of what we do," Elliot said. "We have a broad scope [of missions]."

According to Elliot there was really only one job option for him when he decided to join the Army and he had a good reason for making that choice.

"I wanted to save lives," said Elliot.

With the training he receives, Elliot can save lives by defeating unexploded ordnances and bring those that use these devices to justice with the evidence they leave behind.



Members of the 65th Explosive Ordnance Disposal Company, 17th Combat Sustainment Support Battalion, 2nd Engineer Brigade, conduct scenario-based, sensi-



1st Lt. Sean Blew an EOD specialist with the 716th Explosive Ordnance Company collects simulated evidence tive site exploitation training. (Photo by Staff Sgt. Trish during post blast analysis training with the 65th EOD, May, 2012. (Photo by Staff Sgt. Trish McMurphy/U.S. McMurphy/U.S. Army Alaska PAO) Army Alaska PAO)

Reading: Library provides fun summer program

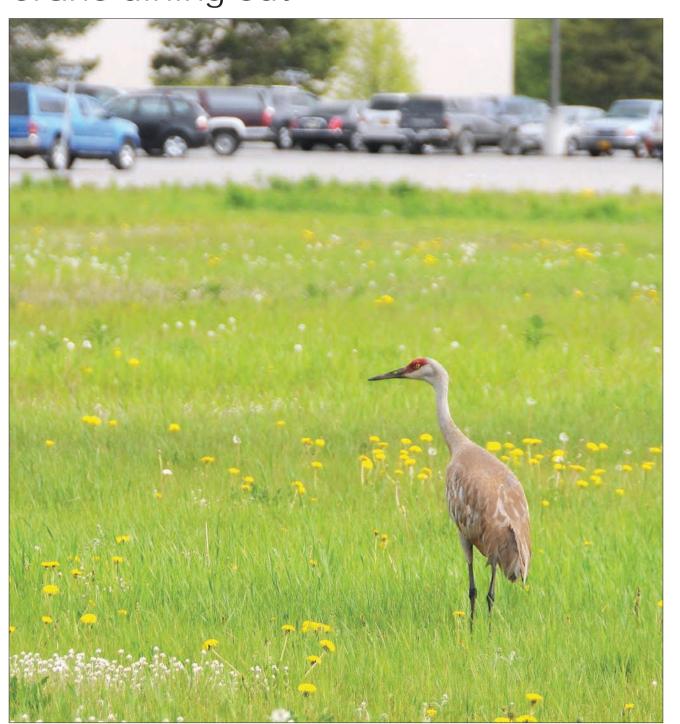
Continued from page 4

The grand finale for the sumto provide sports activities and fun will be had by all.

Zumba. There will also be library relays (on hippity hops), an edible is an "all-ages" event, free and book contest and watermelon seed mer reading program will be from spitting contest. Special guests 2 to 5 p.m. on July 20. Child Youth and School Services will be there awards and Boyce promised that 3700 to sign up or call 353-4137

The summer reading program open to Soldiers, their Families and DoD cardholders. Drop for more information.

Crane dining out



A solitary Sandhill Crane browses the field across from Fort Wainwright's commissary parking lot, June 10 for lunch. According to the Cornell Lab of Ornithology, Sandhill cranes are omnivores, eating mostly grains, seeds, some insects and small vertebrates. This crane is a young adult; it has the red forehead; but has not yet gotten the white cheeks a mature adult has. Sandhill Cranes do not breed until two to seven years of age and can live up to 20 years old. (Photo by Brian Schlumbohm/Fort Wainwright PAO)



Sofia Moon, daughter of Lily and Spc. Tommy Moon, contemplated the library dragon that was part of last year's summer reading program, "A Mid-Summer Knight's Read." This year the program's theme is, "Reading is So Delicious." (Photo by Trish Muntean, Fort Wainwright/PAO)

50396786 ALASKA FUN CENTER **SALES** AK POST/STV 6-10 STV 2×5.0 RED

COMMUNITY CALENDAR

Friday-15th

EMOTIONAL COACHING, noon to 12:45 p.m., Last Frontier Community Activity Center, Building 1044. Childcare provided at no cost to those that pre-register. Call 353-7713.

FAMILY HISTORY DAY STORY HOUR AND CRAFTS, 4 to 5 p.m., Post Library, Building 3700. Call 353-4137.

Saturday-16th

FAMILY ROCK CLIMBING, 9 a.m., Outdoor Recreation Center, Building 4050. Fee is \$10. Call 361-6349.

COMMUNITY CPR/FIRST AID CLASS, 9 a.m. to 3 p.m., Youth Center, Building 4109. Call 353-7713.

LEAN, MEAN, COOKING TEENS, 10:30 a.m. to 1 p.m., Youth Center, Building 4109. Snacks and Baking. For teens 7th through 12th Grade, Call 353-7713.

ZUMBA FITNESS CLASS, 1 p.m., Physical Fitness Center, Building 3709. Cost is \$7. Call 353-7223.

BOATER SAFETY CLASS, 1 p.m., Outdoor Recreation Center, Building 4050. For more information, call 361-6349.

CHESS CLUB, 3 to 5 p.m., Last Frontier Community Activity Center, Building 1044. Call 353-7755.

WELCOME HOME AND SUMMER KICK-OFF PARTY, 4 to 11 p.m., The Warrior Zone, Building 3205. Open to all DoD cardholders 18 and older. Call 353-1087.

Sunday-17th

GOSPEL SERVICES, 9:45 a.m. Gospel Sunday school; 11 a.m. Gospel Worship service, Bassett Army Community Hospital, third floor conference room, Building 4076. Call 353-9825.

PROTESTANT SERVICES, 10 a.m., Sunday school, 11 a.m., Sunday Protestant worship, Northern Lights Chapel, Building 3430. Call 353-9825.

CATHOLIC SERVICES, 11 a.m., Catholic Mass, Southern Lights Chapel, Building 4107. Call 353-9825.

FATHER'S DAY BOWLING BRUNCH, 11 a.m. to 3 p.m., Nugget Lanes Bowling Center, Building 3702. Call 353-2654.

FATHER'S DAY SHOOT, noon to 5 p.m., Fischer Skeet Range, Building 1172. Call 353-1998.

FATHER'S DAY HALF DAY FLOAT, 1 p.m., Outdoor Recreation Center, Building 4050 Fee is \$5. Call 361-6349.

Monday-18th

YOUTH SERVICES WEEKLY SUMER CAMP: ROBOTS ROCK! LEGO MINDSTORM ROBOTICS, Mon-Fri 9 a.m. to 3:30 p.m., Youth Center, Building 4109. Call 361-5437.

SCHOOL AGE CENTER WEEKLY SUMMER CAMP and FIELD TRIPS, School Age Center, Building 4166. Call 361-7394.

ROMP AND STOMP PLAYGROUP: GREAT OUT-DOORS, 9:30 to 11 a.m., Last Frontier Community Activity Center, Building 1044. Call 353-7372.

GROUP CYCLING CLASS, noon, Physical Fitness Center, Building 3709. Call 353-7223.

UNITED THROUGH READING, 4 to 6 p.m., Post Library, Building 3700. Call 353-2642.

ZUMBA FITNESS CLASS, 6 p.m., Physical Fitness Center, Building 3709. Cost is \$7. Call 353-7223.

Tuesday-19th

GROUP CYCLING CLASS, 6:30 a.m., Physical Fitness Center, Building 3709. Call 353-7223.

HOUR OF POWER GROUP STRENGTH CLASS, noon, Physical Fitness Center, Building 3709. Call 353-7223.

GROUP CYCLING CLASS, 5 p.m., Physical Fitness Center, Building 3709. Call 353-7223.

GOSPEL SERVICES BIBLE STUDY, 6:30 p.m., Bassett Army Community Hospital, Medical Library, Building 4076. For more information email *ac2.claxton@us.army.mil.*

Wednesday-20th

GROUP CYCLING CLASS, noon, Physical Fitness Center, Building 3709. Call 353-7223.

BOOT CAMP, 5 p.m., Physical Fitness Center, Building 3709. Call 353-7223.

Thursday-21st

GROUP CYCLING CLASS, 6:30 a.m., Physical Fitness Center, Building 3709. Call 353-7223.

ROMP AND STOMP PLAYGROUP: GREAT OUTDOORS, 9:30 to 11 a.m., Last Frontier Community Activity Center, Building 1044. Call 353-7372.

HOUR OF POWER GROUP STRENGTH CLASS, noon, Physical Fitness Center, Building 3709. Call 353-7223.

UNITED THROUGH READING, 4 to 6 p.m., Post Library, Building 3700. Call 353-2642.

GROUP CYCLING CLASS, 4 p.m., Physical Fitness Center, Building 3709. Call 353-7223.

ZUMBA FITNESS CLASS, 6 p.m., Physical Fitness Center, Building 3709. Cost is \$7. Call 353-7223.

BEGINNING LADIES 2-DAY GOLF CLINIC, 6:30 to 8 p.m., Chena Bend Golf Course, Building 2092. Call 353-6223.

BOUNCY HUT NIGHT, 5:30 to 7:30 p.m., Last Frontier Community Activity Center, Building 1044. Call 353-7755 (ages 4 to 12 with parent).

Friday-22nd

READING IS DELICIOUS STORY HOUR AND CRAFTS, 4 to 5 p.m., Post Library, Building 3700. Call 353-4137.

Saturday-23rd

COLLEGE GLACIER OVERNIGHT HIKE, 7 a.m., Outdoor Recreation Center, Building 4050. Fee is \$50. Call 361-6349.

LEAN, MEAN, COOKING TEENS, 10:30 a.m. to 1 p.m., Youth Center, Building 4109. Dinners. For teens 7th through 12th grade, Call 353-7713.

AUTO SKILLS CENTER BBQ, noon to 5 p.m., Auto Skills Center, Building 3730. Call 353-7436.

ZUMBA FITNESS CLASS, 1 p.m., Physical Fitness Center, Building 3709. Cost is \$7. Call 353-7223.

CHESS CLUB, 3 to 5 p.m., Last Frontier Community Activity Center, Building 1044. Call 353-7755.

DART TOURNAMENT, 6 p.m., The Warrior Zone, Building 3205. Open to all DoD cardholders 18 and older. Call 353-1087.

Sunday-24th

GOSPEL SERVICES, 9:45 a.m. Gospel Sunday school at; 11 a.m. Gospel Worship service, Bassett Army Community Hospital, third floor conference room, Building 4076. Call 353-9825.

PROTESTANT SERVICES, 10 a.m., Sunday school, 11 a.m., Sunday Protestant worship, Northern Lights Chapel, Building 3430. Call 353-9825.

CATHOLIC SERVICES, 11 a.m., Catholic Mass, Southern Lights Chapel, Building 4107. Call 353-9825.

Police dog:

Continued from page 1

ring to the first time she played the decoy. "Nobody wants to get bit, but it's going to happen. I was running and when the dog came up and bit, it knocked me down."

One of the most important things Dalle said she learned during her training was to always to have a good relationship with the dog and be motivated.

"Everything draws down leash," Dalle said. "When you come in, be ready to go and your dog will be ready to go. As long as I was motivated the dog was too."

Dalle is now back in Alaska and training with Gina, a 5-year-old German shepherd dog trained in patrol and explosives detection.

She will be going to her first certification next month to become a fullfledged K-9 handler.



Making the obstacle course look like play time, Gina is a 5-year-old German shepherd trained in patrol and explosives detection with the 28th Military Police Detachment and partnered with her military working dog handler, military policeman Pfc. Lynnette Dalle. Military working dogs are deployable along with their Soldiers and save lives on a regular basis. (Photo by Staff Sgt. Trish McMurphy, US Army Alaska PAO)

18396993JUST HAIRCUTS
AK POST/AK
POST 1×4.0

11396841 BABULA, DR. AK POST/AK POST 2×3.0

11396756 VEITNAMESE TEA & COFFEE HOUSE AK POST/AK POST 1 x 3.0

13397498 VIP CLEANERS AK POST/STV FREE AD 1 x 3.0 ARE YOU A
VICTIM OF
OR WITNESS
TO SPOUSE
ABUSE?
CHILD
ABUSE?
CALL

NO NAME REQUIRED

388-2260

June 15, 2012

MOONLESS MADNESS

During summer solstice, look for savings with special prices on various items at the commissary, June 21 from 7 p.m. to midnight. There will be activities including a bounce house, games for children, a watermelon-eating contest, best burger contest and door prizes. Better Opportunities for Single Soldiers will host some of the activities and a hoop-shoot contest. BOSS and Family and Morale Welfare and Recreation are partnering with the commissary for the event.

YOUTH CENTER SUMMER CAMPS

The Youth Center summer week-long camp starts Monday. The week's theme is, "Get Up and Move" Participants will get out and move under the Alaskan sun. Bike, swim, rock climb and experience a hike like no other up Angel Rocks. End the week with a family bike trip and picnic at Outdoor Recreation's Glass Park. Weekly fees vary from \$20 to \$58 based on income category. For more information, call 361-5437.

VOTING ASSISTANCE

Alaskans in the Interior will have the opportunity to vote in state primaries August 28. The Voting Assistance Program officer is available if anyone has questions or needs assistance with voter registration, call 353-7624 or check out the installation's voting agency webpage for general voting information at www.wainwright.army.mil/armyVote/default.asp.

CHAPEL PROGRAMS

Family Movie Day is the third Saturday of each month at 2 p.m. in Bassett Army Community Hospital.

Bible Study Monday at noon and Tuesday at 6:30 p.m. in the hospital library. Catholic Mass takes place Tuesday through Friday at noon in the hospital. A Healing & Anointing Service takes place the third Sunday of each month at 6 p.m. in the Southern Lights Chapel. Protestant Men of the Chapel meet the second and fourth Saturdays of each month at 8 a.m. in the Northern Lights Chapel. Protestant Women of the Chapel will begin meeting again starting in July. PWOC meetings will be 10 a.m. Thursdays in the Northern Lights Chapel. For more information, visit the chapels or call 353-9825.

COUNSELING

Family and individual Soldier counseling is available at the Chapel Family Life Center.

FREE ELECTRONICS RECYCLING

Free electronics recycling for the public at the Alaska Waste Recycling Center, 3050 Phillips Field Road - West of Peger Road will take place the third weekend of every month on Friday and Saturday from 10 a.m. to 4 p.m. Individuals may drop off personal consumer electronics no longer needed. For more information, contact Andrea Miller, executive director, Interior Alaska Green Star, at www.iagreenstar.org or 452-4152.

ROAD CLOSURE

Due to ongoing hangar construction, Montgomery Road will be closed between Luzon Avenue and Santiago Avenue through June 24. The detour route will be Neely Road between Luzon and Santiago Avenues.

JOINT PACIFIC ALASKA RANGE COMPLEX

U.S. Army and U.S. Air Force, on behalf of Alaskan Command, will continue accepting comments on proposed changes to the Joint Pacific Alaska Range Complex through July 9. Comments may be submitted via the website, www.jparceis.com, or for more information contact ALCOM Public Affairs at 552-2341 or email alcom.j08@elmendorf.af.mil.

13398824 GALLO'S MEXICAN RESTAURAN AK POST/STV FREE A 2×1.5

11396847LOOSE MOOSE CAFE
AK POST/BUCKS 2×3.0

FAMILY AND HOME SECURITY

Restrict the possession of house keys. Change locks if keys are lost, stolen or when moving into a previously occupied residence. Always lock home entrances at night, including the garage. Shred all envelopes or other items that indicate your name and rank. Know your neighbors and let your neighbors know you. Be aware of current threat levels, listen to local news reports and be aware of community happenings. For more information on personal security, contact your unit Antiterrorism Officer or the garrison ATO at 353-6094.

PRE-RETIREMENT BRIEFING

A monthly summary of retirement benefits for those who are one to two years from retirement, presented by Carlos Garcia, retirement services officer. To schedule Survivor Benefit Plan or SBP counseling and to register for the pre-retirement briefing call 353-2099.

SPONSORSHIP TRAINING

Remember what it was like when you moved for the very first time? Remember all the questions you had and the answers you didn't get? Be a sponsor and help another Family with relocating to Alaska. Classes are offered through unit requests. For more information call 353-4227 or 353-7908.

FOR YOUR HEALTH CLASSES

Arctic Health Link provides classes on diabetes, cholesterol, hypertension and tobacco cessation classes which are offered monthly. For more information or to sign up for a class, call 361-4148.

RECREATIONAL SHOOTING

The Sports Fire Range is available for all active-duty military and DoD ID cardholders. The range is open weekdays 8 a.m. to 4 p.m., Wednesdays 4 to 8 p.m. and Saturdays 10 a.m. to 5 p.m. Military training has priority over all other range use. Fees do not apply for normal range use. For more information on safety training, requirements and availability of the Sports Fire Range, call range control, 353-1266.

DIVORCE BRIEFING

Questions and concerns about divorce are addressed at weekly briefings offered by the Legal Assistance Office Tuesdays at 9 a.m. The divorce briefing is available to military members and spouses and is located in Building 1562 on the corner of Gaffney and Freeman Roads. For more information about legal services or an appointment, call 353-6534.

PREVENT ABUSE AND NEGLECT

Help for abused and neglected children is available locally and through a toll-free hotline. The 24-hour Child help National Child Abuse Hotline at (800) 4-A-CHILD and on post, call Army Community Service at 353-7317. If you suspect a child is being hurt or neglected, contact the local police. Tips and resources are available for parents, educators, caregivers and volunteers at www.myarmyonesource.com.

OPEN BURNING PROHIBITED

Open burning is not permitted on Fort Wainwright property. Campfires, use of portable fire pits and outdoor fireplaces are prohibited in all areas including housing. For more information, call the fire safety inspector, Sarah Chapman at 353-9140.

MILITARY CHILD, FAMILY THERAPY

Family members of active and retired military can consult the Child and Family Assistance Center for

assistance with youth and Family issues. Individual and group therapy is available. Referrals are not required. For more information or an appointment, call 361-6284 or 361-6059.

CAFE OPEN

Chena Bend Café is open for the summer golf season. Under new management, the café is open 7 days a week. Their hours are 7 a.m. to 9 p.m. Friday through Tuesday and 7 a.m. to 7 p.m. Wednesday and Thursday. Offering breakfast, burgers, baskets, hot and cold sandwiches and more, the menu is available www.dwgrill.com. Call DW Grill and Catering for more information or to place an order at 353-6147.

WEIGH TO STAY

Active duty weight control classes are offered at 8 a.m., the first Wednesday of every month at the Bassett Army Community Hospital, third floor conference room. For more information call 361-5146.

VETERAN WEIGHT MANAGEMENT

A weight management program, VA Move, is offered the first Thursday of every month with the Veterans Administration Clinic. There are no restrictions to who can participate in the VA Move class and a referral is not necessary to attend class. If you receive VA medical care, you are eligible. Call 361-6370 ext. 1 for more information or go online at www.move.va.gov.

CIVILIAN CLEARING

All employees terminating employment with the Department of the Army must clear post. Clearing or out-processing is required to ensure final pay is correct. For more information on clearing, contact the Civilian Personnel Advisory Center at 353-7208.

ARMY DISASTER PERSONNEL ACCOUNT-ABILITY AND ASSESSMENT SYSTEM

The Army Disaster Personnel Accountability and Assessment System is the Army's personnel accountability tool used in the event of a natural or man-made disaster. This web-based system is found at https://adpaas.army.mil/ to account for active duty, Army Reserve, Army National Guard, Department of Defense civilians, NAF employees, overseas DoD contractors (to include Hawaii and Alaska) and Family members.

AUTO RESCUE OR SELF-HELP

Whether locked out or the vehicle needs towing, the Automotive Skills Center is at your service 24-hours a day. For towing and lock-out service, call 590-1716.

LIBRARY HOURS

The Post Library has new hours of operation. The library is open Monday through Friday from 10 a.m. to 6 p.m. For more information, call the Community Recreation Division, 353-7691.

ALASKA POST SUBMISSIONS

To submit a photo, place an event or class on the calendar send an email to pao.fwa@us.army.mil no later than close of business Monday prior to the print week. The name of the event or class, date, time, location and a contact phone number must be included. For display advertising contact the Fairbanks Daily News Miner at 459-7548. NEWS TIP LINE, ALASKA POST FEEDBACK: 353-6779

ALASKA POST HOME DELIVERY

Housing residents who no longer want home delivery of the Alaska Post should e-mail the Public Affairs Office at *pao.fwa@us.army.mil* or call 353-6780.

18395726 AMERICAN TIRE WRHSE AK POST/FATHERS DAY 4×5.0

Get the picture, pay the price

Allen Shaw, Fort Wainwright PAO

People often refer to certain things as no-brainers. It is a term usually related to the absence of common sense. When many people do things that have a tendency to harm themselves or others, a law is sometimes passed to protect citizens from ignorance.

It was recently necessary for Maurice Fischer, the Emergency Services director for the garrison, to bring attention to Alaska Statute 28.35.161.

Driving a motor vehicle with a screen-device operating, as well as the unlawful installation of a television, monitor or similar device is prohibited by state law and will be enforced on Fort Wainright.

It is also against the law if the vehicle has a television, video monitor, portable computer, or any oth-

er similar means, like a cell phone, capable of providing a visual display that is in full view of a driver in a normal driving position while the vehicle is in motion, and the monitor or visual display is operating while the person is driving.

Exceptions to the rule are if the display is for audio equipment information, functions and controls: vehicle information or controls related to speed, fuel, level or battery charge; is for navigation or global positioning and maps. It is also legal if the visual information helps enhance or supplement the driver's view of the motor vehicle for the purpose of maneuvering, or allows the driver to monitor vehicle occupants seated behind the driver. It is considered a legal device if it's used for vehicle dispatching and response information for motor vehicles providing emergency road service or roadside assistance. This includes vehicle dispatching information for passenger transport or freight and package delivery.

A person who violates this section of the law is guilty of a class A misdemeanor, unless any of the circumstances described as exceptions apply. It is a class C felony if the person's driving causes physical injury to another person, a class B felony if the person's driving causes serious physical injury to another person, a class A felony if the person's driving causes the death of another person.

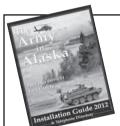
"Violators will be arrested and apprehended, not ticketed." Fischer said.

For more information on this law or any Alaska Statute visit http://codes.lp.findlaw/akstatutes, or contact the Directorate of Emergency Services at DES at 353-7110.



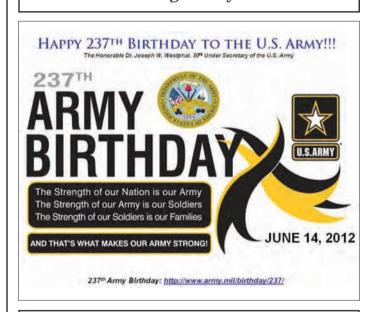


A video camera-player mounted under the rear-view mirror, with the monitor screen attached to the mirror itself can be a distraction to the driver of the vehicle and according to Alaska Statute 28.35.161, is against the law. "Violators will be arrested and apprehended, not ticketed." Maurice Fischer, director of Emergency Services said. Anyone in doubt of being in compliance with an authorized unit is encouraged to contact the Fort Wainwright police desk at 353-7710. (Courtesy photo)



The Fort Wainwright, Fort Greely 2012 Installation Guide now available online.

Visit Fort Wainwright website at: www.wainwright.army.mil/sites/local/



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